



# THE HOMEOWNER'S EDGE

## DECLUTTER YOUR SPACE EDITION



HOW TO DECLUTTER YOUR HOME  
FOR SELL-ABILITY OR SIMPLY TO  
ENHANCE YOUR MOST  
IMPORTANT ASSET

**ADDIE SPAHR**

YOUR NORTH COUNTY SAN DIEGO REALTOR AND HOME ORGANIZER

# Hi, I'm Addie!

## Serial organizer & real estate professional

Whether you're preparing to sell, moving into a new home, or craving a reset, this guide helps you simplify your space with clarity and purpose.

As both a Realtor and home organizer, I've seen firsthand how a clutter-free home not only looks better—but feels better.



*"Think about what your audience would be interested in and get writing! Choose engaging photos and graphics to accompany your words, as these also help catch your audience's eye."*

1.

# THE BENEFITS OF DECLUTTERING

- Reduces stress & anxiety by creating a clean, peaceful environment
- Saves time by making it easier to find what you need
- Enhances home value & appeal if you're selling
- Creates space for the things you truly love
- Boosts productivity & focus by minimizing distractions



"Outer order contributes to inner calm."

– Gretchen Rubin

**ADDIE SPAHR**

## 2.

# WHERE TO START: THE 5-STEP DECLUTTERING METHOD

### STEP 1: SET A GOAL

Choose one room or category (clothes, books, kitchen items) to start with.

### STEP 2: SORT ITEMS INTO 4 CATEGORIES

1) Keep 2) Donate 3) Sell 4) Trash

### STEP 3: USE THE 12-MONTH RULE

If you haven't used or worn it in a year, let it go.

### STEP 4: ORGANIZE SMARTLY

Use baskets, bins, and labels to create designated spaces for everything.

### STEP 5: MAINTAIN THE SYSTEM

Declutter seasonally and follow the "One In, One Out" rule.

*"Clutter is nothing more than postponed decisions."  
– Barbara Hemphill*

ADDIE SPAHR

# 3.

## DECLUTTERING ROOM BY ROOM

*"Your home should be the antidote to stress, not the cause of it."  
– Peter Walsh*

### ENTRYWAY

Create a clutter-free first impression with baskets for shoes, hooks for bags, and a tray for keys.



### BEDROOM

Keep nightstands clear, fold clothes neatly, and store seasonal items in labeled bins.



### CLOSET

Donate clothes you no longer wear, use matching hangers, and organize by color or category.



### KITCHEN

Toss expired food, use drawer organizers, and store frequently used items within easy reach.



### HOME OFFICE

Digitize important documents, file paperwork in labeled folders, and keep surfaces clutter-free.



### BATHROOM

Get rid of expired products, use drawer dividers, and neatly store essentials in containers.



# 4. MAINTAINING A CLUTTER-FREE HOME

✨ **5-Minute Daily Reset** – Take 5 minutes each day to tidy up common areas.

📦 **Seasonal Purge** – Every 3-6 months, reassess what you need and donate what you don't.

🛒 **Mindful Shopping** – Avoid impulse purchases by asking, "Do I really need this?"

💡 **Storage Solutions** – Use multi-functional furniture, clear containers, and vertical storage to maximize space.



*"The best way to find out what we really need is to get rid of what we don't."*

– Marie Kondo

**ADDIE SPAHR**

# 5. DECLUTTERING FOR MARKET- READINESS

**If you're preparing to sell your home, decluttering is key to making it more inviting to buyers.**

Areas to focus on:



**Remove personal items to create a neutral space.**

**Organize closets and storage areas to showcase ample space.**



**Deep clean every room for a polished look and sparkle factor when potential buyers are touring your home..**

**Minimize furniture for a more open, airy feel. This might require temporary storage of extra furniture or a chance to sell things you don't need.**



**ADDIE SPAHR**



# *A Clutter-Free Home*

## SUPPORTS A CLUTTER-FREE MIND

I truly believe there's a deep connection between the spaces we live in and the way we feel.

When our homes are clean, clear, and organized, it creates space not just physically—but mentally and emotionally, too. A clutter-free environment can help reduce stress, boost your mood, and bring a greater sense of calm to your daily life.

If this feels overwhelming, you're not alone. I offer one-on-one support—whether you're getting ready to sell or just need a fresh start in your space. My approach is always calm, nonjudgmental, and tailored to your life. Let me know how I can help! I've got you!

*Addie*

# READY TO TRANSFORM YOUR SPACE?

**Decluttering doesn't have to be  
overwhelming!**

**Take it one step at a time, and soon  
you'll have a calm, organized home  
that truly reflects your lifestyle.**



**Need more home organization tips  
or thinking about buying or selling?  
Let's chat!**

**Start a FREE Home Search**



**LET'S CONNECT!**

**ADDIE SPAHR**

**NORTH COUNTY SAN DIEGO  
REALTOR & ORGANIZER**

 202-557-1032

 addie@addiespahr.com

 @addiespahr\_realtor

 addiespahr.com

**DRE# 02240078**

**exp<sup>®</sup>**  
**REALTY**